What is Picato®?
Picato® (ingenol mebutate) is a gel that your doctor has prescribed for the treatment of actinic keratosis, which is rough areas of skin caused by over-exposure to sunshine during your life.

It works by removing the sun damaged cells in your skin. The gel also activates your body’s defences, meaning that it continues to work for several weeks after you have completed your treatment.

It is important that you read the ‘Patient Information Leaflet’ in your Picato® box before you start the treatment.

How to use Picato®
- Remember to store your treatment in the refrigerator
- Always use your treatment as instructed by your doctor
- You will only need to apply the gel for 2 or 3 days depending on where you use it. One tube should be applied once daily to the affected area
- Use all the contents of a tube with each application
- Picato® should not be applied immediately after taking a shower or less than 2 hours before bedtime

The full effect of Picato® can be evaluated approximately 8 weeks after treatment.

What to expect following treatment with Picato®
Picato® is a 3 day (150mcg/g dose for treating face or scalp) or 2 day (500mcg/g dose for treating body, arms or legs including hands or feet) treatment, which begins to work straight away. As a result, you are likely to see reddening of the skin, flaking, scaling, puffiness or crusting within the first day.

Skin responses are expected, as your treatment removes the sun damaged skin cells. These will normally heal within 2 weeks if treating your face or scalp; or 4 weeks if you are treating your body, arms or legs (including hands or feet).

Typical local skin response following treatment with Picato®:

More intense local skin response following treatment with Picato®:
Local skin responses are transient and typically peak by day 4 then usually go away within 2 weeks when treating the face or scalp; or normally peak by day 8 and usually go away within 4 weeks when treating body, arms or legs. Please note skin responses may vary from those seen above. In some cases, skin responses may be more or less severe.

Even though some patients do not experience any skin responses when using Picato®, this does not mean that the treatment is not working.

If you have any questions around your treatment contact your doctor or pharmacist.

Frequently Asked Questions

1. I have been prescribed Picato® however I have an important event coming up, should I start the treatment course now?
   In consultation with your doctor you may want to plan when you start your treatment with Picato® if you have an imminent important event as there is the potential for local skin responses. Picato® must be stored in a refrigerator (2°C-8°C) until it is used.

2. Can I still go out in the sun after I have started my treatment with Picato®?
   Due to the nature of the disease, excessive exposure to sunlight (including sunlamps & tanning beds) should be avoided or minimised. However Picato® is not phototoxic and is unaffected by sunlight.

3. Following application of Picato® can the treated area be touched or do I need to keep it covered up?
   You should avoid touching or washing the treated area for 6 hours after applying Picato®. Do not cover the treated area with air- or water-tight bandages after you have applied the gel.

4. The site has blistered and burst on the second day of treatment and the patient leaflet says do not apply the gel to broken skin, should I continue with the third treatment?
   Administration of Picato® is not recommended until the skin is healed from treatment with any previous medicinal product or surgical treatment and should not be applied to open wounds or damaged skin where the skin barrier is compromised. If necessary seek medical care.

5. I accidentally got some gel in my eye and/or mouth
   In the event of accidental contact with your eyes, remove the gel by rinsing with plenty of water and seek medical assistance as soon as possible. If you accidentally swallow this medicine drink plenty of water and seek medical assistance immediately.

Reporting of side effects
This medicine is subject to additional monitoring. This will allow quick identification of new safety information. You can help by reporting any side effects you may get. See www.mhra.gov.uk/yellowcard for how to report side effects.

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