## Wound Dressing Guidelines

<table>
<thead>
<tr>
<th>HEALING</th>
<th>INFECTION</th>
<th>EXUDATE</th>
</tr>
</thead>
<tbody>
<tr>
<td><em>Necrotic</em></td>
<td><em>Spread</em></td>
<td><em>Col</em></td>
</tr>
<tr>
<td>Sloughy</td>
<td>Local</td>
<td>(5)</td>
</tr>
<tr>
<td>Granular</td>
<td>Infection</td>
<td>Medium (3)</td>
</tr>
<tr>
<td>Epithelial</td>
<td>Critically</td>
<td>Low (1)</td>
</tr>
<tr>
<td></td>
<td>Colonised</td>
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### AIM
- **Attain 100% “Epithelial” tissue as appropriate**

### Objective
- **Remove Necrotic and/or Sloughy Tissue**
- **Promote Granulation and Epithelial tissue**
- **Treat infection**
- **Treat infection**
- **Reduce bacterial levels**
- **Maintain bacterial levels**

### Treatment
- **Autolysis or re-hydration**
- **Use dressing to promote a moist wound healing.**
- ***Swab wound and use appropriate systemic antibiotic for Spreading Infection***

### Viscosity

<table>
<thead>
<tr>
<th>Volume</th>
<th>High (5)</th>
<th>Medium (3)</th>
<th>Low (1)</th>
</tr>
</thead>
<tbody>
<tr>
<td>High (5)</td>
<td>10</td>
<td>8</td>
<td>6</td>
</tr>
<tr>
<td>Medium (3)</td>
<td>8</td>
<td>6</td>
<td>4</td>
</tr>
<tr>
<td>Low (1)</td>
<td>6</td>
<td>4</td>
<td>2</td>
</tr>
</tbody>
</table>

### Exudate
- **High (10 – 8)**
- **Medium (6)**
- **Low (4 – 2)**

### Necrotic:
- (Dry/low exudate)
  - Hydrogel
  - Honey
  - Hydrocolloid

### Necrotic:
- (Med-high exudate)
  - Hydrofiber
  - Alginate

### Sloughy:
- (low exudate)
  - Hydrogel
  - Honey
  - Hydrocolloid

### Sloughy:
- (Med-high exudate)
  - Alginate
  - Hydrofiber

### Foam
- **Anti-microbial**
  - Silver
  - Honey
  - Alginate gel
  - PHMB

### Film
- **Antisepctic:**
  - Iodine based dressing/products

### Hydrocolloid
- **No antimicrobial required**

### Super-absorbant
- Foam
- Alginate
- Hydrofiber
- Absorbant cellulose
- Honey
- Film
- Hydrogel

### Skin protectant creams / lotions to surrounding skin may be required to prevent maceration

### GENERAL NOTE:
Following consultation with specialist clinicians, other treatments are available, such as larvae therapy, topical negative wound therapy and sharp debridement

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**PLEASE REFER TO WOUND DRESSING GUIDELINES FOR FULL PRODUCT PRESCRIBING INFORMATION**